My Healthy Plate

Eating Right and Healthy &

Eating for People with Diabetes

Class Schedule:

March & April 2024

Tuesdays 10:30 am to 12 pm

See the calendar

Classes are for Deaf people who use sign language.



For more information contact:
Susan Coulter
susanc@dhhsc.org or (559) 421-9792 VP



FRESNO HEADQUARTERS
5340 N. FRESNO ST, FRESNO, CA 93710
PHONE: 559-225-3323 VP: 578-4117
RESOURCES@DHHSC.ORG WWW.DHHSC.ORG