



DHHSC CENTRAL COAST OUTREACH PRESENTS
Deaf and Hard of Hearing Wellness (D-WELL) Program
WORKSHOPS



DATE	TOPIC
January 29th *NEW DATE!*	Self-Care
February 19th	Genetics
March 11th	Top 5 Rarest Diseases
April 8th	Skincare



DHHSC welcomes your participation in a new program by learning different topics that focus on your well-being!

Brief detail of each topic will be announced live on our Facebook followed by replay on our Instagram, Twitter, & Youtube.

- www.facebook.com/DHHSC
- www.instagram.com/dhhsc1984
- www.twitter.com/DHHSCtweets
- www.youtube.com/DHHSCvideos



Time:

4:00 PM-5:00 PM

For more information, contact Jeffrey Oropeza at JeffreyO@dhhsc.org or 831-275-0122

Program Funded By:

STEVENSON

