

WERK IT

Wish you are exercising?

Don't know where to start?



WE CAN WERK IT TOGETHER!

When:

- UPDATE -

*Every Thursday (for senior citizens) at 10:30am-11:00am
(starting February 3rd)

Where: Zoom/community room (DHHSC)

Meeting ID: 884-9493-9078

Contact Person: Candice Goodie

Please email Candice at candiceg@dhhsc.org for the password.

