

What To Do If...

You are exposed to someone with symptoms of or confirmed COVID-19

Do you have symptoms?

No

Yes

It is recommended to get a COVID-19 test on day 5 after exposure, regardless of vaccination status.

- You need a COVID-19 test, either a rapid-antigen or PCR test, regardless of vaccination status.
- Contact your healthcare provider.
- Isolate from others in your home.
 - Use a separate bathroom, bedroom, utensils, and avoid common areas.

AND

If fully vaccinated and boosted*

If not fully vaccinated or boosted

Wear a well-fitting mask indoors in public for 10 days and monitor for symptoms.

***Quarantine can end after day 5 if symptoms are not present AND a COVID-19 test on day 5 or after is negative.
**Wear a well-fitting mask around others for 10 days and monitor for symptoms.

Negative

If your test result is:

Positive

If fully vaccinated and boosted*

If not fully vaccinated or boosted

You can resume normal activities, continue to wear a well-fitting mask around others for 10 days and monitor for symptoms. Test on day 5.

***Quarantine can end after day 5 if symptoms are not present AND a COVID-19 test is negative at day 5 or after.

Isolation can end after day 5 if symptoms are not present or are resolving. Continue to wear a well-fitting mask around others for 10 days and monitor for symptoms.

*Fully vaccinated and boosted (if eligible): 2 weeks after final vaccine dose and a booster dose.

**The Fresno County Department of Public Health follows the California Department of Public Health quarantine guidelines. For more information on the quarantine guidance, visit: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx>

***Exception if severe COVID-19 or weakened immune system. For more information about this and all quarantine guidance, visit:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

