

SPIRITUAL HEALTH WORKSHOP: NEVER STOP DREAMING



WHEN: MONDAY, NOVEMBER 30, 2020

TIME: 1:00PM - 3:00PM

LEARN HOW:

- Understanding meaning and purpose affects your emotional and mental well-being.
- Choosing to spend time with friends with similar values and beliefs makes it easy to make positive choices.
- To practice asking yourself if your identity matches your purpose and values.

WHERE: 

SIGN INTO ZOOM (online or app)

1. ENTER ZOOM ROOM ID NUMBER: 899-8906-2300

2. PASSWORD: ASK US FOR PASSWORD

Please contact Elbert Cruz at elbertc@dhhs.org or 559-697-0321 to obtain the meeting ID and password and/or, if you have any questions.

I look forward to meeting you all on Zoom!

FUNDED BY:

