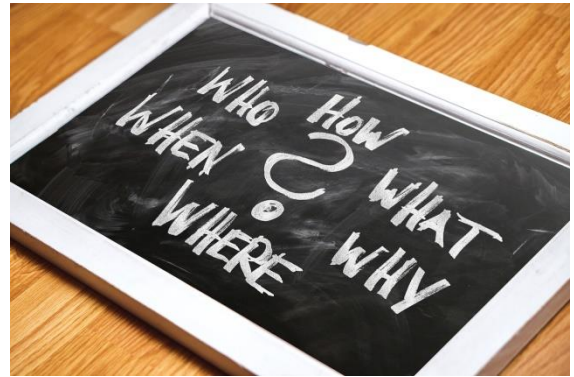


# ARE YOU PREPARED FOR EMERGENCIES?

We have a new program, funded by CERV of Monterey County, to provide you with support in preparing for emergencies.

Learn about:

- What is Emergency Preparedness?
- What disasters could happen?
- How to build an emergency kit
- How to plan an escape route
- Where to go in an emergency
- AND MORE!



We will have videos AND workshops on these topics.  
We can also meet with you one-on-one in person or by videophone.

## INTERESTED?

- 1) Watch the videos on [youtube.com/DHHSCvideos](https://youtube.com/DHHSCvideos)
- 2) Contact Susan Coulter at: 559-421-9792 VP / [susanc@dhhsc.org](mailto:susanc@dhhsc.org)  
or Krystal Rios-Harris at: 831-240-4020 VP / [krystalc@dhhsc.org](mailto:krystalc@dhhsc.org)
- 3) Susan and Krystal will connect you with someone to provide you with one-on-one training OR you can come to any of our workshops!

