

Monthly Instant Pot Workshops

- How does the Instant Pot work?
- Description of the buttons.
- How to clean and get rid of odors.
- How to cook meats, vegetables, meals & dessert.
- How to steam, sauté, slow cook, & make yogurt.
- How to clean and get rid of odors.
- Pot in pot cooking method.
- Freezing food tips.
- How to use a sling.
- Attachments
- Recipes.

Tuesday - 10 am to 12 pm

March 5

April 2nd

May 7th



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